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Adaptive Collision Avoidance through Implicit Acknowledgments in WSNs

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Abstract—The large number of nodes, typical of many sensor network deployments, and the well-known hidden terminal problem make collision avoidance an essential goal for the actual employment of WSN technology. Collision avoidance is traditionally dealt with at the MAC Layer and plenty of different solutions have been proposed, which however have encountered limited diffusion because of their incompatibility with commonly available devices.

In this paper we propose an approach to collision avoidance which is designed to work over a standard MAC Layer, namely the IEEE 802.15.4 MAC, and is based on application-controlled delays of packet transmission times. The proposed scheme is simple, decentralized and scalable. We present two variants of the algorithm and we evaluate our work through simulations. Discussed results show that our scheme provides a considerable boost of performance in IEEE 802.15.4 tree-based networks, effectively addressing the hidden terminal problem and keeping radio utilization efficient.

I. INTRODUCTION AND BACKGROUND

Wireless Sensor Networks (WSNs) consist of small, battery-operated, low-cost nodes which collect information from the environment and communicate through wireless links. WSNs have specific characteristics which differentiate them from wireless ad-hoc networks, including typically larger network sizes, limited energy and different traffic characteristics and requirements [1]. Application scenarios where many hundreds of devices are deployed pose great scalability and manageability challenges. Energy sources are generally considered not renewable, hence, in order to extend the network lifetime, both hardware and protocols design have been primarily concerned with energy efficiency. Since the transceiver consumes a significant amount of energy, a considerable research effort has been directed to the design of energy-efficient communication strategies, and an important role is played by MAC protocols, which provide schemes for multiple access to the wireless medium. MAC protocols for WSNs, in particular, are required to address the fundamental problem of collision avoidance while coping with large number of competing stations and severe hidden terminal issues.

A general classification of sensor network MAC protocols makes a distinction between random (or non deterministic) protocols, and scheduled ones [2]. The former are less complex and can be fully distributed, hence they are generally more scalable; low complexity and the absence of shared information, or ‘state’, also reduce memory and processing

requirements as well as control overhead. Most non deterministic protocols are modeled after CSMA/CA, and exploit the information that is directly available through the node radio, therefore being able to avoid collisions only at the sender’s side. The introduction of RTS/CTS control packets and virtual carrier sensing has been proposed to specifically address the hidden terminal problem, however such approach is not general, as it is based on the assumption of symmetric links, and cannot be applied to the case of broadcast transmissions. Scheduled MAC protocols organize nodes for transmitting according to a common schedule and provide the capability of reducing energy waste due to collisions, *overhearing* and *idle-listening*, at the cost of higher complexity, state information distribution, and synchronization overhead. Schedule maintenance is complicated by node mobility and failures, network segmentation, and incomplete information available at the nodes.

A common drawback of MAC-based approaches, which prevents their widespread adoption, is the incompatibility with existing devices. The increasing interest in the recent IEEE 802.15.4 standard for WSNs, and the diffusion of IEEE 802.15.4-based devices has motivated our research towards a different approach to the collision avoidance problem.

In this work we propose a collision avoidance technique which can be implemented on a standard IEEE 802.15.4 device, and enhances the collision avoidance functionality provided by the IEEE 802.15.4 MAC protocol. Our technique exploits the periodic nature of traffic, typical of many applications of WSNs, in order to adaptively set up a global schedule of packet transmissions and minimize collisions. The schedule is controlled by the Application Layer, through the introduction of proper delays when passing packets from the application to the MAC Layer, for the transmission over the wireless channel.

In our reference scenario the network uses a tree-based topology, rooted at the data collecting center (the base station, BS). Nodes synchronize to a global communication schedule, which spans over a time duration called *epoch* and repeats periodically. During one epoch, each node performs a sensor reading, aggregates data received from children nodes, and transmits the collected information within a single packet. Implicit acknowledgments are used to detect transmission failures and to start a recovery procedure. The feedback provided by implicit acknowledgments is exploited by our application, in order to adaptively adjust the adopted transmission delay.

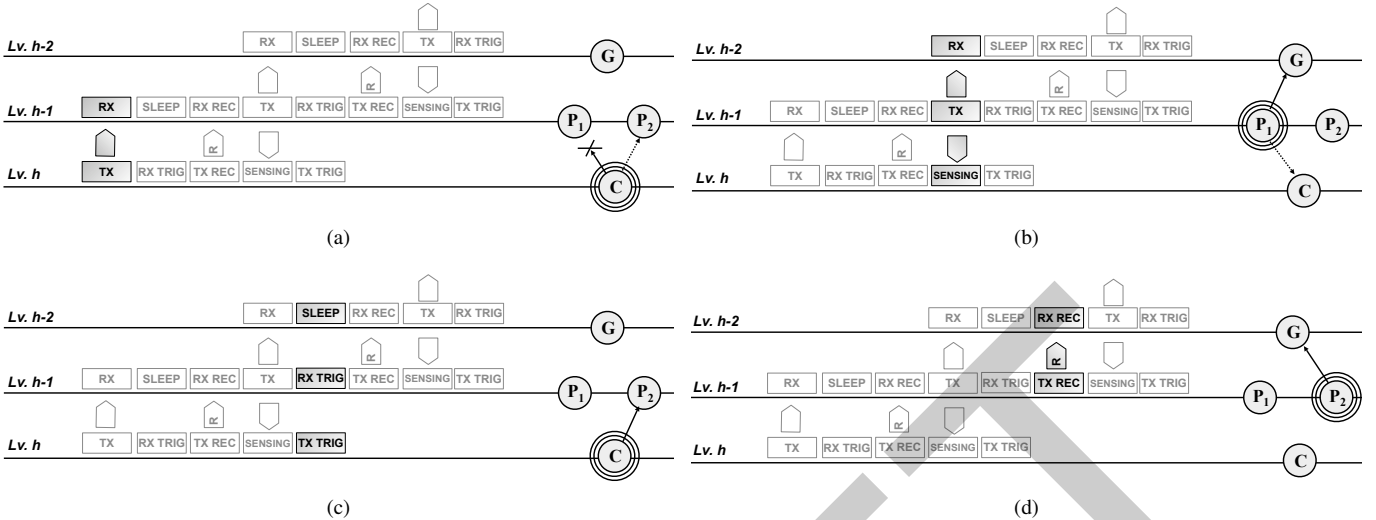


Fig. 1. The data forwarding process in presence of transmission errors: a) transmission attempt and caching, b) forwarding and implicit ack, c) retransmission request, d) retransmission.

We devised two decision algorithms: the first one changes the adopted delay when the amount of consecutive transmission failures exceeds a configurable threshold; while the second one relies on a slightly more sophisticated and flexible filtering that operates on the past few transmission results. The proposed algorithms converge to a steady global schedule of transmissions in a totally decentralized manner. This results in good scalability and proves to be effective in addressing the hidden terminal problem. Moreover the use of implicit acknowledgments, as the mechanism to detect successful transmissions, allows nodes to acquire locally relevant information while obviating the need of control packets or location information.

Despite their diversity, many WSN applications exhibit periodic traffic generation and use the same communication model, known as *convergecast*, where multiple sources generate data that are to be forwarded toward a collecting entity. Hence, the approach proposed here can be virtually applied to optimize performance to a wide variety of scenarios.

In the rest of the paper, we describe the considered reference application in Section II; Section III describes the details of the proposed collision avoidance mechanisms, and Section IV presents performance evaluation based on simulation results. Finally, Section V presents conclusions.

II. AN APPROACH TO DATA GATHERING WITH IMPLICIT ACKNOWLEDGMENTS AND RETRANSMISSIONS

In [3] we have presented a data gathering framework for monitoring applications in medium and large scale WSNs. The protocol we proposed operates at the Application Layer and is designed to work on top of a cluster-tree beacon-enabled IEEE 802.15.4 network. The data gathering protocol is optimized for the convergecast traffic pattern and uses a tree-based topology, rooted at the base station. As packets traverse multiple hops, flowing from levels farther from the BS towards the center of the network, data are aggregated at each step in order to minimize transmission time and improve energy

efficiency. Nodes synchronize to a periodic global schedule, made up of *phases* for specific activities such as transmission, reception and sleep, as shown in Figure 1. Each phase is implemented by combining several adjacent IEEE 802.15.4 superframes.

The distinguishing feature of this framework is that communication reliability is not provided through MAC-Layer acknowledgments and retransmissions, but relies on a strategy of caching, implicit acknowledgments, and Application-Layer retransmissions. Implicit acknowledgment is a general term indicating the capability of a node, in a broadcast communication environment, of listening to the data forwarded by upstream nodes, and inferring the correct reception of its own data. In our framework, this feature is provided by the adopted aggregation functions, introduced in [4], which allow to recognize the presence of the original component data into a digest.

Figure 1 shows an example of the multi-hop communication process. Assume that node C is located at the tree level h , and has chosen node P_1 as its preferred parent; node P_2 is also within hearing distance from C . After transmitting a packet p_{data} during its TX phase (see Figure 1(a)), node C keeps its radio on during the SENSING phase in order to overhear the transmission of packet p_{digest} by its parent node P_1 (Figure 1(b)). By analyzing the digest contained in p_{digest} , node C determines that p_{data} was not correctly received, i.e. it gets a negative implicit acknowledgment. Meanwhile, node P_2 may also have received and cached packet p_{data} , so upon detection of the transmission failure, node C triggers a retransmission (Figure 1(c)); this forces node P_2 to create a new digest containing p_{data} and to forward the newly generated packet upstream toward the BS during its TX_REC phase (Figure 1(d)).

III. COLLISION AVOIDANCE

When dealing with cluster-tree beacon-enabled IEEE 802.15.4 sensor networks, two different collision

avoidance problems are to be addressed. On one side, while the IEEE 802.15.4 specifications include a description of a cluster-tree topology which is supposed to operate in beacon-enabled mode, no details of an actual implementation are provided, and the critical problem of network-wide synchronized beaoning is not discussed. Beacons are transmitted periodically and without any backoff algorithm, thus any practical implementation must ensure that nodes transmit their beacons avoiding systematic collisions. On the other side, the slotted CSMA/CA algorithm used by the IEEE 802.15.4 MAC protocol for data packets does not perform well for large scale sensor networks [5], and its performance is heavily impaired by hidden terminal issues, as will be detailed in Section IV.

A. Beacon Frame Collision Avoidance

The phase scheme described in Section II relies on beacon-based synchronization, and the current phase is determined based on the received Beacon Sequence Numbers (BSNs). Any intermediate node receives and trasmits beacons. Nodes initiate beaoning at the beginning of the RX phase and stop at the end of the RX_TRIG phase. All nodes must be able to receive beacons from their parents at least once in order to synchronize to the phases schedule. However, it is desirable that beacon reception rate does not fall below a minimum threshold in order to cope with potential clock drifts. Since the IEEE 802.15.4 MAC protocol does not use a backoff algorithm when transmitting beacons, a wrong scheduling of beacon transmission times may result in persistent collisions. Unless additional intervention is provided, some nodes may not be able to identify the current phase; they will not participate to the data gathering process, thus decreasing the overall reliability of the network. The beacon frame collision problem has been addressed as Request for Comments in the Task Group 15.4b [6] and more recently discussed in [7], where the authors proposed a scheduling based on Time Division. However, this approach is centralized and requires knowledge of node locations, thus it does not meet our goals of low complexity and decentralization.

In our system we suggest a simpler approach, and we implemented two mechanisms to prevent beacons from colliding systematically. First, a node will defer the transmission of its beacons by selecting a random delay D_b relative to the reception of the beacons from its parent. D_b is determined upon the first beacon reception and is not modified during the lifetime of the network. Secondly, since it is still possible that some nodes select delays that lead to collisions, nodes use an additional random offset $d_b \in [-T, +T]$, which changes at each epoch. The entire scheme is shown in Figure 2, where we set T as equal to the duration of the MAC backoff interval. In this way, the first beacons of two consecutive activity periods are not strictly one epoch duration away. The combined effect of the two above mechanisms allows to achieve a near one hundred percent synchronization of the nodes to the phases schedule.

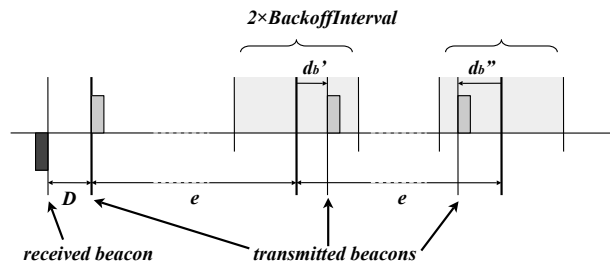


Fig. 2. Beaoning timing.

B. Data Frame Collision Avoidance

Simulation results discussed in [3] have shown how performance of IEEE 802.15.4 networks is heavily affected by the number of nodes and their density, with more populated networks experiencing larger amounts of collisions and, in the end, poorer reliability. Rather, typical applications of WSNs demand for scalability, thus some technique aiming at reducing the contention level on the wireless channel is needed.

The IEEE 802.15.4 MAC protocol uses binary exponential backoff with a collision window equal to $[0, 2^{BE} - 1]$. The minimum value of the backoff exponent (BE) is controlled by the configurable parameter $macMinBE$. If $macMinBE = 0$, collision avoidance is disabled during the first iteration of the algorithm, and the MAC protocol makes an attempt of transmitting outgoing packets immediately after the reception from the Application Layer. The transmission is deferred only if the channel assessment returns a busy state. Although a certain probability of many deferrals exists, these settings give the Application Layer more control on the timing of the transmissions and partially delegate to it the responsibility of avoiding collisions. So, the first step of our technique is to set $macMinBE = 0$.

The second step consists of the introduction of a random backoff delay D_T between the beginning of the TX phase and the time when the Application Layer passes the packet to the MAC Layer for transmission.

Finally, the last step is the adoption of a set of rules which determine whether to keep the current D_T , or to adopt a new random one.

In the most basic solution, D_T is determined independently for each packet, similarly to the proposal in [8]. We refer to this simple scheme as Algorithm Random. More elaborated algorithms can be devised that use the collected information concerning past successes and failures. In the following we introduce two different decision algorithms: the first one based on the count of consecutive transmission failures, and the second one based on a FIR filter which processes a configurable number of past transmission results.

C. Algorithm 1: Consecutive Failures

Algorithm 1 is described by the pseudocode in Figure 3. The algorithm uses a counter for keeping track of consecutive transmission failures ($TxFailCount$), and a configurable threshold (MAX_TX_FAIL).

Algorithm 1 Consecutive Failures.

```

procedure INITIALIZE
   $TxFailCount \leftarrow 0$ ;
   $D_{T,old} \leftarrow \text{random}(0, \text{MaxDelaySlots} - 1)$ ;
end procedure

procedure SENDDATA ▷ Phase TX
  if  $TxFailCount < \text{MAX\_TX\_FAIL}$  then
     $D_T \leftarrow D_{T,old}$ ;
  else
     $D_T \leftarrow \text{random}(0, \text{MaxDelaySlots} - 1)$ ;
     $TxFailCount \leftarrow 0$ ;
  end if
   $D_{T,old} \leftarrow D_T$ ;
  if  $\text{level} \geq 2$  then
     $TxFailCount \leftarrow TxFailCount + 1$ ;
  end if
  wait for  $D_T$  MAC backoff slots;
  pass the packet to the MAC Layer;
end procedure

procedure RECVDATAFROMPARENT ▷ Phase SENSING
  if packet includes data transmitted during phase TX then
     $TxFailCount \leftarrow 0$ ;
  end if
end procedure

level 1 only :
procedure RECVRIGGERFROMCHILD( $child\_ID$ ) ▷ Phase RX_TRIG
  if data from node  $child\_ID$  transmitted during phase TX then
     $TxFailCount \leftarrow TxFailCount + 1$ ;
  end if
end procedure

```

Fig. 3. Pseudocode describing delay assignment through Algorithm 1.

During initialization the counter is set to a null value, and an initial random value for the backoff delay is determined ($D_{T,old}$).

When the TX phase begins, $TxFailCount$ is compared with MAX_TX_FAIL . If $TxFailCount < \text{MAX_TX_FAIL}$, the old delay ($D_{T,old}$) is adopted as D_T . Otherwise, a new random D_T is selected. In this case the counter is also reset, because we want to test the goodness of the new D_T . Before the transmission, the adopted delay is stored and $TxFailCount$ incremented, i.e. a failures is assumed by default.

When, during the SENSING phase, a node overhears the packet forwarded by its parent, $TxFailCount$ is reset in case of successful implicit acknowledgment. Note that, if a node does not sense any packet, this counts as a failure and $TxFailCount$ is not changed.

Nodes belonging to level 1, i.e. direct children of the BS, cannot use implicit acknowledgment to detect failures, as the BS does not forward packets. Hence, the algorithm for these nodes is slightly different. Namely, every new transmission is initially assumed successful, and $TxFailCount$ is not incremented. A failure is inferred when a child node, whose data have been received and forwarded, requests a retransmission. In fact, since data originating from the complaining node have been transmitted, the reason for the retransmission request is likely to be a collision of the transmitted packet.

A similar algorithm, with a few exceptions for level 1 nodes, is used for the transmission of recovery packets during the TX_REC phase.

Algorithm 2 Weighted Average.

```

procedure INITIALIZE
   $\vec{tx\_res} \leftarrow \vec{0}$ ;
   $D_{T,old} \leftarrow \text{random}(0, \text{MaxDelaySlots} - 1)$ ;
end procedure

procedure SENDDATA ▷ Phase TX
  if  $\sum_{i=1, \dots, n} \vec{tx\_res} \times \vec{tx\_w} < \text{TX\_FAIL\_THR}$  then
     $D_T \leftarrow D_{T,old}$ ;
  else
     $D_T \leftarrow \text{random}(0, \text{MaxDelaySlots} - 1)$ ;
    reset  $\vec{tx\_res}$  to all zeros;
  end if
   $D_{T,old} \leftarrow D_T$ ;
   $\text{rightShift}(\vec{tx\_res})$ ;
  if  $\text{level} \geq 2$  then
     $\vec{tx\_res}[0] \leftarrow 1$ ;
  end if
  wait for  $D_T$  MAC backoff slots;
  pass the packet to the MAC Layer;
end procedure

procedure RECVDATAFROMPARENT ▷ Phase SENSING
  if packet includes data transmitted during phase TX then
     $\vec{tx\_res}[0] \leftarrow 0$ ;
  end if
end procedure

level 1 only :
procedure RECVRIGGERFROMCHILD( $child\_ID$ ) ▷ Phase RX_TRIG
  if data from node  $child\_ID$  transmitted during phase TX then
     $\vec{tx\_res}[0] \leftarrow 1$ ;
  end if
end procedure

```

Fig. 4. Pseudocode describing delay assignment through Algorithm 2.

D. Algorithm 2: Weighted Average

The approach of Algorithm 1 can be further refined so as to enable nodes to detect bad values of the delay D_T more efficiently. Since the backoff algorithm performed by the MAC Layer still introduces a certain variability in the exact instants of transmission, we can expect that the same settings, in terms of adopted delays, may lead to different results in terms of collisions from one epoch to another. Hence situations could arise such that collisions occur at an intolerable rate, but never exceed the configured thresholds. Under these circumstances nodes do not change the adopted delays and the network keeps running with poor reliability. Of course lower thresholds could be configured to prevent such situations, but this would introduce higher potential instability, with nodes unable to find a steady schedule. To overcome these shortcomings, we considered a slightly different technique which is based on a weighted average over the last transmission results.

Algorithm 2 for transmissions during the TX phase, uses a binary vector ($\vec{tx_res}$) which records the last n transmission results, with 1 indicating a failure and 0 for a success. A configurable set of real weights is stored in vector $\vec{tx_w}$ and a threshold (TX_FAIL_THR) is used. The algorithm is described by the pseudocode in Figure 4.

An initial backoff value ($D_{T,old}$) is selected at initialization, and the vector of results ($\vec{tx_res}$) is filled with zeros.

During the TX phase, a weighted average of the values in $\vec{tx_res}$, computed using the weights in $\vec{tx_w}$, is compared with TX_FAIL_THR . In analogy with Algorithm 1, when the

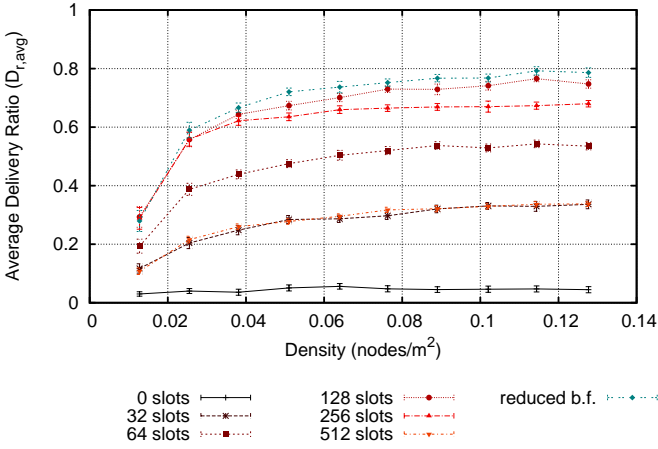


Fig. 5. Delivery ratio for a 40 nodes network, with Algorithm Random and varying $MaxDelaySlots$.

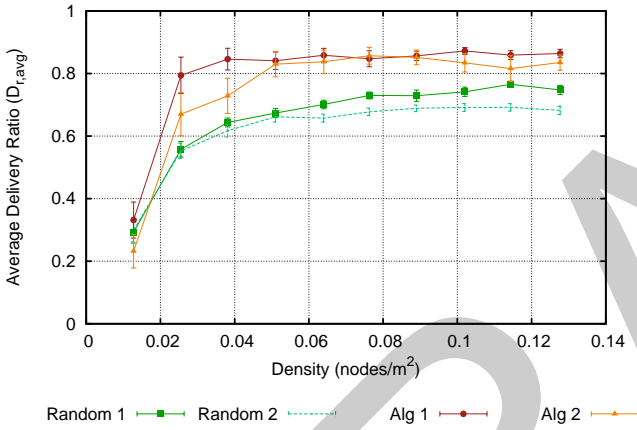


Fig. 6. Delivery ratio for algorithms 1, 2 and Random.

computed quantity is smaller than the threshold, $D_{T,old}$ is reused, otherwise, a new D_T is selected and the vector of results is reset. Afterwards, the adopted delay is stored in $D_{T,old}$ and tx_res is right-shifted, in order to make room for the new transmission result. Since a transmission failure is assumed by default, we set $tx_res[0] = 1$.

A node receiving a positive implicit acknowledgment during the SENSING phase, resets $tx_res[0]$; while $tx_res[0]$ remains 1 in case of negative acknowledgment or in the absence of a received packet.

The above reasoning about level 1 nodes also applies to Algorithm 2, which uses retransmission requests in order to infer collisions and set $tx_res[0] = 1$. Again, the algorithm for packets transmitted during the TX_REC phase is very similar.

IV. PERFORMANCE EVALUATION

We developed a simulation tool using the *ns-2* simulator [9], which provides an IEEE 802.15.4 standard compliant implementation. The algorithms presented in Section III-B have been implemented within the data gathering framework we presented in [3].

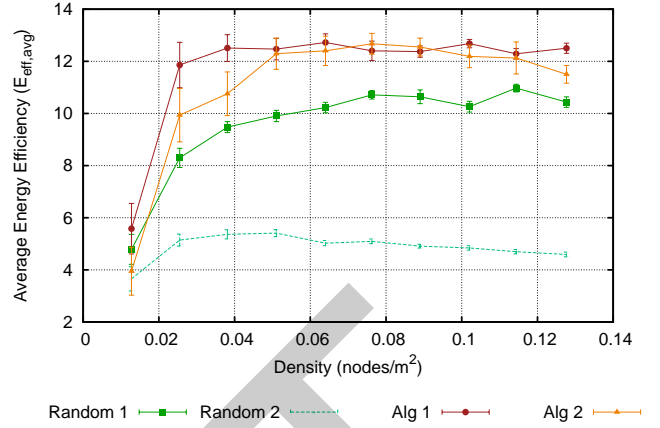


Fig. 7. Energy efficiency for algorithms 1, 2 and Random.

A. Simulation Setting and Performance Metrics

We consider nodes with a transmission range of 10 meters, which corresponds to an area $A_f \simeq 314.16m^2$. Network density ranges from 4 to 40 nodes/ A_f . An ideal channel is assumed, i.e. channel errors do not occur and packet corruption is only caused by collisions. Nodes are randomly placed according to a uniform distribution and are all assumed to be generating data. The duration of all simulation runs is set to 3000 seconds, while measurements are collected after a 500-seconds transient time, which accounts for network formation and for the collision avoidance algorithms reaching a steady state. All results were averaged over 100 simulation runs; error bars on the charts represent 95% confidence intervals.

We evaluate performance in terms of average delivery ratio $D_{r,avg}$ and average energy efficiency $E_{eff,avg}$. The delivery ratio D_r is defined as the ratio between the number of different sensor readings in the final digest received by the base station, and the total number of nodes. $D_{r,avg}$ is the average D_r across all the epochs. Average energy efficiency is defined as the ratio between $D_{r,avg}$ and the average amount of energy consumed by a node during an epoch, which was determined based on the energy consumption levels reported in [10].

B. Simulation Results

1) *Algorithm Random*: In order to evaluate the potential benefits of adopting application-controlled backoff delays, we have considered a first set of simulations where the Algorithm Random, described in Section III-B, has been applied. The considered network size is 40 nodes, phases last for $PhaseDuration = 4$ superframes, $macMinBE = 0$, and we vary the maximum additional backoff delay $MaxDelaySlots$. Results are shown in Figure 5.

For $MaxDelaySlots = 0$, the observed delivery ratio is the one achieved by the standard MAC Layer without any supplementary collision avoidance mechanism, which barely exceeds the 5% threshold. A consistent improvement is obtained even with $MaxDelaySlots = 32$, which boosts $D_{r,avg}$ beyond 30% for the higher values of network density. Performance further improves for increasing $MaxDelaySlots$ up to 128. When we raise $MaxDelaySlots$ to 256 and 512

slots, the delivery ratio starts decreasing again. The reason for this behavior is that, with the combined effect of application controlled delays and the MAC backoff algorithm, a lot of packet transmissions are deferred for too long, and cross the transmission phases boundaries. In this situation the receivers may be sleeping, or they may have already sent their digests. In all cases the delayed data are lost.

We also observe that $D_{r,avg}$ slowly increases with density. Network with lower density generally have a larger number of levels. This results in more hops needed for packets to reach the BS, but also in less nodes attempting to access the channel simultaneously. Hence the number of levels does not significantly affect the performance of the network, as confirmed by the result set “*reduced b.f.*” where a larger number of levels has been induced by reducing the tree’s branching factor. The network connectivity (not reported in the chart) is nearly 100% for all but the lowest density value, hence the degradation of performance is to ascribe to the hidden terminal problem, which arises when distances among nodes grow beyond the radio range.

In conclusion, this simple approach increases the network performance of about one order of magnitude and makes the use of the multi-hop aggregation strategy feasible. However, for a given *PhaseDuration*, and thus a given level of energy consumption, the application controlled delay cannot be indefinitely extended. Finally, lower densities cause worse performance due to the hidden terminal problem.

2) *Algorithms 1 and 2*: A second set of simulations has been considered in order to evaluate the collision avoidance algorithms presented in Section III and compare them with Algorithm Random. Again, the network size is set to 40 nodes and $macMinBE = 0$. For the results sets “*Random 1*”, “*Alg 1*” and “*Alg 2*” we have:

- $MaxDelaySlots = 128$;
- $PhaseDuration = 4$ superframes;

i.e. the result set “*Random 1*” is identical to “128 slots” in Figure 5. The result set “*Random 2*” was obtained with

- $MaxDelaySlots = 512$;
- $PhaseDuration = 6$ superframes.

Algorithm 1 was configured with $MAX_TX_FAIL = 4$, while the following settings have been adopted for Algorithm 2:

- $tx_w[i] = \begin{cases} 1 & \text{if } i \leq 6; \\ 0 & \text{otherwise.} \end{cases}$
- $TX_FAIL_THR=0.6$

The analysis of Figure 6 shows that the proposed algorithms outperform the basic random approach in terms of $D_{r,avg}$, with similar results both close to 90%. Moreover their performance does not depend on node density. This is a remarkable result, for it proves that our approach effectively tackles the hidden terminal problem. It is interesting to emphasize that better performance with lower densities means that less nodes need to be deployed for the coverage of the same area. The result set “*Random 2*” shows that a better delivery ratio can be achieved with the random approach by increasing both $MaxDelaySlots$ and $PhaseDuration$. However, considering the results in Figure 7, it is clear that the better delivery

ratio comes at the cost of higher energy consumption, and the resulting energy efficiency is worse than in all other cases. Energy efficiency for the proposed algorithms reflects the behavior of $D_{r,avg}$, as the energy consumption is similar.

Summarizing, algorithms 1 and 2 provide an effective and energetically efficient way to avoid collisions, while also addressing the critical hidden terminal problem.

V. CONCLUSIONS AND FUTURE WORK

The present work described an approach to collision avoidance for IEEE 802.15.4 cluster-tree networks operating in beacon-enabled mode. Our scheme exploits the periodic and synchronized exchange of data packets to setup an adaptive schedule of transmission times, which are controlled by the application by shifting the delivery of packets to the MAC Layer. We discussed two different algorithms which determine the transmission delay to be applied, based on an heuristics over recent transmission successes and failures. Simulation results show that the proposed technique converges to a steady schedule of transmissions, which minimizes collisions and makes efficient use of the radio. Unlike most scheduled protocols, the proposed technique is totally distributed and it is a good candidate for dynamic environments and large scale networks. The use of the standard IEEE 802.15.4 MAC makes our approach feasible for implementation on actual devices.

Our current research efforts are focused on the design of self-configuring algorithms which automatically choose thresholds based on network conditions. A similar self-configuring approach is being considered for application to the beacon frame collision problem.

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